

# **Workshops Information**

Blueleaf is dedicated to working with new talent and inspiring young people in the arts. We believe that the arts help to develop vital skills that build the foundation of future careers not only the arts but across a range of industries. We aim to use a range of theatre based workshops to help develop communication skills, creative thinking, problem solving and team building.

We offer a range of four workshops that each have a different focus but we are happy to tailor make to your specific requirements. All our workshops begin with an intensive warm up to both mentally and physically prepare students and end with an open discussion to reflect on the practices explored as well as providing practitioner packs. We will look to expand on this reflection to talk about higher education/careers as both Marcus and Madeleine have recently graduated with Theatre degrees from the University of Leeds and can relate to young people looking to pursue a career in the arts.

The four Workshops are:

### **Text Based Workshop**

- Extensive vocal warm-up
- > Chorus/ensemble work-relationship between text and exploring the space
- > Introduction into Meisener technique-pair work
- Exploration of 'actioning' texts (Looking at both Stanislavski and Out of Joint as examples of practitioners) and how this can be used in performance

#### **Physical Theatre Based Workshop**

- Intensive physical warm-up
- Ensemble work-exploration of the space (bodies in space and shoaling)
- ➤ Character focused work-exploration of physical states and expanding the imagination.
- Partner work-exploring mirroring, acting and reacting
- Group task work using these practices to create small performances/potentially using in relation to text.

### **Devised Based Workshop**

- > Vocal and physical warm ups
- Using Tableaux and physical exploration of stories
- > Exploring the art of storytelling through improvisation
- > Introduction of adaptation as a technique to create work
- Using stimulus and props

### **Production/Directing Workshop**

- > Processes of production-Introduction of the role and relationships of production teams.
- Looking at a text as a director -types of directors
  - -Communicating your ideas not only to actors but designers and producers.
- Group Tasks-exploring the role of directing/producing
- ➤ How to start a career as a director/producer/designer

# Topics we look to discuss after every workshop

- > Drama School
- ➤ Theatre at University versus other subjects
- > A career in the arts
- ➤ How to become a producer/designer/director?

#### Practitioners we use include:

- ➤ Berkoff
- > Meyerhold
- Michael Chekhov
- > Stanislavski
- Meisener
- ➤ Max Stafford-Clark
- ➤ Rudolf Laban
- ➤ Grotowski



Robert Palin Photography West Side Story; Jenny Halliday in hold with Reynaldo Seates

# For more information about Blueleaf Theatre Company:

http://www.blueleaftheatre.co.uk/

Twitter/Facebook/Instagram: @blueleaftheatre